

GET SET UP FOR SAFETY

Scam Safety & Security Checklists

Go through the actions on the following two checklists to keep yourself and your devices as safe as possible.

Are you familiar with the red flags of SCAMS? ☐ Yes ☐ No

Do you regularly update your computer, tablet and mobile device's security software? ☐ Yes ☐ No

Do you use strong, unique passwords for all your online accounts? ☐ Yes ☐ No

Have you enabled two-factor authentication for your important accounts? ☐ Yes ☐ No

Do you carefully review website URLs before entering personal information? ☐ Yes ☐ No

Are you cautious about clicking on links or downloading attachments in suspicious emails? ☐ Yes ☐ No

Do you verify the legitimacy of requests for personal information or financial transactions over the phone or email? ☐ Yes ☐ No

Have you taken steps to protect your social media accounts' privacy settings? ☐ Yes ☐ No

Are you cautious about sharing personal information on social media or other public platforms? ☐ Yes ☐ No

Do you regularly review your bank and credit card statements for any unauthorised charges? ☐ Yes ☐ No

Have you discussed online safety and scams with your family or friends? ☐ Yes ☐ No

If you answered YES to most questions, you're doing great!
But stay alert—scams are always evolving. If you answered NO, go to netsafe.org.nz/olderpeople to refresh your knowledge.

Go through the checklist below to make sure your devices are as secure and private as possible.

For information on how to action these checklist items go to netsafe.org.nz/olderpeople.

01	General security
✓	Set up a strong, unique password for each device and online accounts.
02	Use two-factor authentication
✓	Set up two-factor authentication for your device and online accounts.
03	Your device settings
✓	Set your screen to lock automatically and always lock it when not using your device.
✓	Install updates for all apps / software on your device and switch on automatic updates.
✓	Turn on spam filters in your email account and for your phone text messaging.
04	Your app settings
✓	Turn on security and privacy settings on apps and social media accounts.
05	Your web browser settings
✓	Install antivirus software on all devices and keep it up to date.
✓	Before downloading a new app, check the reviews and permissions.
06	Your web browser settings
✓	https:// - Set your web browser to search only on secure sites.
✓	Turn on ad blockers to prevent accidentally clicking on any harmful ads or pop-ups.